

A Play Therapy



Social Story



I'm going to The ROC for play therapy!



When I get here, I will get out of the car
and come inside.



I will be greeted by somebody at the front desk.



I can play or read a book while I wait!



Soon, my play therapist will come out
to meet me.



Sometimes, my adult will wait in the lobby until I am done playing.



Other times, they will watch me play
through the mirror.



**My adult is in the lobby,
but I know that they are close by and I
am safe.**



I will go into the playroom with my play therapist.



I take my time looking at all the toys in the playroom.



I can choose to play with anything I want!



Sometimes I choose to play in the sand table.



I can use miniatures to build a world!



Sometimes I choose to take care of the dolls.



Sometimes I like to make food in the kitchen.



Sometimes I like to do art projects.



Sometimes I like to play games.



The playroom is a safe place for me to talk about my feelings.



In play therapy, I learn about lots of
different feelings.
All of my feelings are OK!



I watch the timer to see how much time is left to play.



When I am done playing, I leave the playroom and go back to my adult.



I say goodbye to my play therapist
and head home.



See you next time!